

## Grave Clothes

**John 11:43-44 (NLT)** Then Jesus shouted, "Lazarus, come out!" <sup>44</sup> And the dead man came out, his hands and feet bound in graveclothes, his face wrapped in a headcloth. Jesus told them, "Unwrap him and let him go!"

- ✓ Resurrection can happen in a moment, but freedom is a **process**.
- ✓ Resurrection gives you a new identity—but freedom requires a new **mentality**.

## Types of Grave Clothes:

### 1. Old **mindsets**.

**2 Corinthians 10:5 (NIV)** We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

- ✓ If we don't rewrite the **script**, we will continue to live out the old drama.

### 2. Old **wounds**.

**Hebrews 12:15 (NLT)** Look after each other so that none of you fails to receive the grace of God. Watch out that no poisonous root of bitterness grows up to trouble you, corrupting many.

- ✓ What you don't heal from, you **spread**.

### 3. Old **habits**.

**Galatians 5:16 (NLT)** So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves.

- ✓ If we don't break the **pattern**, the pattern will break us.

## Living Free

- ✓ The journey to freedom begins with renovating our **beliefs**.

**Romans 12:2 (NIV)** ...be transformed by the renewing of your mind.

**Ephesians 4:23 (NIV)** ...be made new in the attitude of your minds;...

✓ Speaking the truth will rewire our **brain**.

**Proverbs 18:21 (NIV)** The tongue has the power of life and death, and those who love it will eat its fruit.

✓ Our lives are not shaped by our intentions – they are shaped by our **habits**.

Forming New Habits:

- o F – Focus on **identity**.
- o O – Order your **environment**.
- o R – Repeat **consistently**.
- o M – Multiply through **community**.