

Side Eye Syndrome

Galatians 6:4 (NLT) Pay careful attention to your own work, for then you will get the satisfaction of a job well done, and you won't need to compare yourself to anyone else.

✓ Comparison happens when we stop looking at Jesus.

1. Comparison steals your focus.

Hebrews 12:1-2 (NLT) Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. ² We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne.

2. Comparison shrinks your identity.

Psalms 139:14 (NLT) Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it.

3. Contentment breaks comparison.

Philippians 4:11-13 (NLT) Not that I was ever in need, for I have learned how to be content with whatever I have. ¹² I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. ¹³ For I can do everything through Christ, who gives me strength.

4. Calling requires trusting God's timing.

Ephesians 2:10 (NLT) For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.